



**FAITH  
AND THE  
LAW OF  
ATTRACTION**

“A fresh look at an ancient concept”

COPYRIGHT



© 2010 LUCY LOPEZ. ALL RIGHTS RESERVED

YOU ARE AUTHORIZED AND ENCOURAGED TO SHARE THIS REPORT IN PRINTED OR ELECTRONIC FORM WITH ANYONE YOU WISH, AS LONG AS NO CHANGES ARE MADE TO ANY PART OF THIS REPORT, NO FEE IS CHARGED, AND YOU INCLUDE ALL THE PAGES.

FOR MORE INFORMATION AND MATERIAL VISIT

[WWW.LUCYLOPEZ.NET](http://WWW.LUCYLOPEZ.NET)

LUCY LOPEZ

[LUCY@LUCYLOPEZ.NET](mailto:LUCY@LUCYLOPEZ.NET)

Dear Reader

**Do you feel confident about attracting what you desire into your life?**

**Have you had consistent success with applying the Law of Attraction? Or has it been more a matter of 'luck' or 'random' experiences?**

**Would you like to know how to work with the timeless Law of Attraction so that you consistently and with certainty attract or create what you desire?**

**Are you aware that the ancient concept of 'faith', something that Jesus referred to on more than one occasion, is still as relevant today as it ever was?**

**Would you like to know why 'faith' is critical to your ability to attract/create what you desire?**

**Would you like to learn how to have faith so that your prayer or your intention for what you desire is accomplished?**

If so, this report is written just for you. In this report, I'd like to share with you what I have discovered about prayer, faith and The Law of Attraction.

More importantly, I would like to share with you how I have been learning to attract into my life those things that I desire through the use of the ancient technologies of prayer and faith and the timeless Law of Attraction.

Dear Reader,

In the last few years, I have been learning about faith or to put it more accurately, I have been discovering what faith truly means.

Many people consider faith or *Faith* to be the embodiment of a particular set of religious beliefs, tenets, dogmas and prescriptions for life. Perhaps this is one way of thinking about faith. For me, though, it's not one that I find useful.

In fact, for many years, I felt uncomfortable about using the word 'faith' for exactly this reason. I certainly did not have or want to be associated with any particular set of tenets and prescriptions that had the effect of controlling rather than liberating or empowering me.

In all that time, however, the words of Jesus kept coming back to me:

**"For truly I tell you, if you have faith the size of a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you." *Matthew 17:19-20.***

And again,

**"Is it because you have seen me that you have believed? How blessed are those who have never seen me and yet have believed!" *John 20:29.***

In recent years, I have been attracted to the widely popularized 'Law of Attraction'! Intuitively, it felt right. Yet, like many people, I wasn't quite sure how to work with it, at least, not always.

Sometimes, it felt like it was working perfectly for me. At other times, it seemed like such an arbitrary, idiosyncratic thing, hardly displaying the consistency that one would expect from a Law!

Still, its inherent sense compelled me to pay more attention and really try and understand how and why this Law seemed to work for me sometimes but not always.

What I'm sharing in this report is the result of my own study, observation and discovery of how the Law of Attraction works. In a rather unpredictable way, my understanding of it has converged with an ever deeper understanding of Jesus' messages about faith!

Let me explain. Let me begin with the Law of Attraction (or as I prefer to call it, the Law of Creation for I truly believe that we are first and foremost, creators).

The Law of Attraction says that we attract into our experience anything that we give attention to. This attention is measured not so much in thoughts as in *feelings*.

You may be thinking one thing but if your feelings do not match your thoughts, what you attract will correspond with your feelings rather than your thoughts.

Now, I cannot say that I understand exactly what the physics behind all this is but here's how I make sense of it:

Everything, physical and non-physical (including thoughts and feelings) has a unique vibrational frequency. The highest frequencies seem to have the strongest attractive power. Feelings have the highest frequencies, more so than thoughts. Consequently, what is felt is what is attracted.

So, what has all this got to do with faith?

Well, let's look at what faith might mean, at least in the way Jesus used this concept. Before I continue, let me confirm that I'm no theologian. However, it has been important for me to personally reflect on aspects of the Christian 'Faith' that I was raised in and find my own meaning.

This does not mean that I have no regard for what 'experts' have to say. It is just that I don't take their word as the final word on anything. This applies to experts of religion, politics, science, psychology or any other field that I have an interest in.

In the final analysis, although I am interested to know what others have to say, I choose to derive my own conclusions from my own reflections, study, meditation, practice and experiences, rather than accept someone else's conclusions. Sometimes, my conclusions concur with theirs, other times, they don't.

I believe that we will only ever be truly convinced of something when we have personally undertaken the journey of searching, learning and discovering. And even then, our conclusions may very likely be only tentative, provisional to further discoveries.

So, all that said, let me return to the matter of faith. What does it mean to me?

I admit I don't as yet have the most satisfying definition but here's how I think of it:

***“Faith is a very deep knowing, beyond thought, belief and information, though, perhaps, at times, subsuming all of those”.***

By that, I mean that it is possible to have this deep sense of knowing without belief or information or conscious thought.

With this deep sense of knowing, belief is unnecessary. With this sense of knowing, belief *is* faith. It is this 'belief' that I believe

Jesus talks about when he tells Mathew that it is indeed powerful to be able to believe without seeing.

It is this kind of faith that Jesus tells his disciples, even if only amounting to the size of a mustard seed, could move mountains. You see, it's not size that matters but the completeness and wholeness of that faith!

I suppose you are wondering how we can have such faith - faith that transcends any religious boundaries, conditions or precepts. This is where we can draw on the principles relating to the Law of Attraction/Creation.

Since we attract/create what we give most attention to, attention that is strongest in our *feeling* vibration, when we feel with great certainty, great knowing, great faith, we attract that which matches that certainty, that knowing, that faith.

I come from a family deeply steeped in the Catholic religion/'Faith'. In my formative years, I learned to pray with a certain kind of fervour that was often self-admonishing with frequent reference to our sinful, unworthy and powerless nature.

These prayers would be an intercession to an all-powerful, judging God who would decide if I was worthy of what I requested. These prayers sometimes also asked that, even if I were unworthy, I be granted my request. But being the sinful, unworthy, powerless and ignorant creature that I am, I would humbly and fatalistically leave all decisions to God.

It has been a while since I gave up saying many of those prayers and subscribing to the beliefs they held. Today, I can truly say that my 'prayer' is much more a prayer or expression of faith.

You see, with the old prayers, the feelings that accompanied them were predominantly feelings of lack, unworthiness and powerlessness.

They were also directed at an 'other' – a separate Being called God, who had ultimate power over me. This, despite being taught that we are 'created in God's own image' and that God 'dwells in me' and that 'the kingdom of god is within'.

You can see how terribly confusing and disempowering all this would have been to me and how it still is for many people who have, for one reason or another, not updated and personally explored their religious beliefs.

My new form of prayer, however, is one that I consider a true expression of faith. What do I mean?

When you have a certainty, a knowing, that what you desire is attracted or created, you cannot help but be buoyed by optimism, a sense of joyous expectancy.

When you know that you are the creator of what you desire, you have a sense of power, of self-determination. You know you are not at the mercy of some other Being/God who will decide whether or not you get what you want.

There is nothing new about the Law of Attraction/Creation. It has always been active. Through the ages, some people have been aware of it and the way it operates, perhaps by observing how things happen in their lives and those of others. Most people, however, have remained unaware.

To the extent that we are unaware, we are indeed 'ignorant' of our creative power. We are 'ignorant' of how we attract/create experiences in our lives. We are 'ignorant' about how to attract/create experiences that we desire rather than those that we don't.

I shall finish this report with some key notes about how you can create everything you desire with the ancient technologies of prayer and faith and the timeless Law of Attraction.



## Key Notes for Praying with Faith

- Pray with faith – a knowing that what you desire, you will create by drawing on the ultimate power and possibility of an infinite universe/god of which you are a *unique* expression rather than a *separate* expression
- A prayer of faith is a prayer of joyous expectation, joyous intent and supreme power. You cannot have faith while feeling lack, unworthiness, powerlessness or fear!
- Focus on what you want and do not get distracted by *how* this will come about. Your conditioned mind can only think of a very limited number of ways something can happen, whereas the universal, unconditioned, limitless 'mind' sees infinite possibilities
- Stay open and spacious so that you are easily and effortlessly guided in your thoughts, words and actions
- A prayer of not wanting something is an incomplete prayer. Actually it is a prayer that will attract/create that which is not wanted because that is where your attention and feelings are. For everything that you do not want, find the thing that you do want instead and give all your attention and creative power i.e. feelings to it
- Remind yourself that you, not some other more powerful being, are the creator and that you draw from the universal power that you're an expression of, everything that you need to create what you desire
- Struggle, unease and any other negative feeling or state is a sign of lack of faith. Desist from what you're doing, thinking or feeling and return to faith
- Pray for anything and everything! All this means is that you bring conscious intent to everything, from the most mundane and 'insignificant' matter to the most complex and 'significant'.

In truth, no one matter is more complex or significant than any other in the operations of the Law of Attraction

Complexity and significance are the perceptions of a conditioned mind that has learned to discriminate in this manner. The Law applies equally and as efficiently to all matters to which attention is directed.

So, for example, if you'd rather not be doing something that needs to be done but you know how much better you'd feel when it is done, pray with faith that you will do it with joy and with ease. Remain soft, open and spacious for this possibility to become a certainty and it will.

Likewise, if there seems an intractable problem for which you can see no solution, pray with faith that the desired outcome will be accomplished. Do not get concerned about how this will happen. Once again, remain open, soft and spacious for this to manifest.

I trust you will find something useful here. Feel free to email me if you have any questions or comments. I am always happy to respond.

Love always  
Lucy

“You are a unique, not separate, expression  
of ultimate reality which some call God.

Through you, the infinite Power, Peace, Joy,  
Possibility and Abundance of this ultimate  
reality is expressed!

Feel free to express this Power, Peace, Joy,  
Possibility and Abundance which is naturally  
awakened by your desires!

Mindfully, consciously, with faith, with  
knowing, be the Creator of all that you  
desire!

Let all your desires be accomplished!”